

Brewery



Former WBC Heavyweight Boxing World Champion, [Frank Bruno](#) MBE book signing for new autobiography '60 Years a Fighter' – Hosted at The Brewery Romford Shopping & Leisure Centre on Saturday 9th April 22

On **Saturday 09th April** the Brewery Romford Shopping & Leisure Centre will be hosting a book signing for Former WBC Heavyweight Boxing World Champion, [Frank Bruno](#) MBE.

Frank Bruno will be attending the Brewery from 12:00 – 14:00pm to promote and sign his NEW autobiography '60 Years a Fighter', foreword by Piers Morgan. The Autobiography is only available to purchase online, however for one day only, '60 Years a Fighter' will be available to collect from the author himself.

Frank Bruno is recognised as a global icon, previously residing in London and Essex, and famously known for winning the WBC heavyweight title in 1995. Throughout Bruno's career he has faced multiple top-rated heavyweights, including two defeats against Mike Tyson in 1989 and 1996, and a defeat against Lennox Lewis in 1993.

Frank Bruno is idolised for his legendary status in the sports world and valued for his charity 'The Frank Bruno Foundation' which provides support, encouragement, and the motivation to succeed for those facing and recovering from mental ill-health.

Piers Morgan details "'60 Years a Fighter' is the sporting memoir of the year. In it, Frank opens up on his journey to becoming a World Champion and the fight which has come after retirement with mental ill health. He lets us in on a lifetime on stage and screen and the thrills-and-spills of life in the public eye. At times harrowing, at times hilarious, but always 100 per cent honest."

As a celebratory step away from the pandemic, the Brewery shopping centre will be offering the chance of 5 lucky people to win a copy of the book via a competition on the Brewery Romford Facebook page. The competition will go live Friday 25th March and winners will be contacted Friday 8th April. Winners must be available on Saturday 9th April to collect their copy from the centre.

The Brewery Management team have stated "We are honoured to be hosting Frank Bruno at the centre on Saturday 9th April. Frank represents many different things to different people; he is part of our history, a representation of motivation and an inspiration for our wellbeing. Each one of us can learn from Frank and are eager to find out more in his new autobiography."

Relevant Links:

[60 Years a Fighter, the new book 2022 from Frank Bruno](#)